



## Newton Wellesley implements cutting-edge medication management technology to give nurses more time with their patients.

### About Newton Wellesley



Newton Wellesley Center for Alzheimer's Care is a 5-star, award-winning\*, skilled nursing facility devoted to the special care needed for people afflicted with dementia/Alzheimer's. Located in Wellesley MA, the 110-bed center has been recognized for leadership excellence, an honor for which only 11% of facilities nationwide qualify.



ProCare LTC, A Division of Clarest Health, has been the trusted provider of medication management services at Newton Wellesley, for 7 years. ProCare has worked side by side as a partner to the Newton Wellesley team, led by Marianne Clark, Director of Nursing. Her mission is to always put the patient first and provide the best environment possible for the nursing staff.

### The Problem



The medication pass process consumed too much of the nurses' time. The effort to remove every patient's medication from multiple blister cards would often result in 2 or more hours added to the already tedious and long daily med passes. Nurses would comment that the process to distribute medications, was inefficient and seemed to be never-ending. The staff even remarked that part of the process, punching countless medications from blister cards, would cause blisters on their thumbs!

This wasted time and effort meant less time for Newton Wellesley's caregivers to spend with their residents and families.

## The Solution



**“The medications are perfect, pass times are much faster and I don’t have blisters on my thumbs anymore from popping cards!”**

—NEWTON WELLESLEY LPN

## The Results

**“My med pass has gone from two and half hours to an hour and 15 minutes. It has allowed me to spend more time with residents.”**

—NEWTON WELLESLEY LPN

## The Conclusion

In early 2022 **ProCare LTC, now a Division of Clarest Health, began offering CarePack**, a compliance and strip packaging system that delivers each resident’s medications in a personalized, individualized pouch labeled with name, drug information, dosing date, and time.

The CarePack medication pouch uses the industry’s most advanced prescription management, packaging, and verification technologies. The system seamlessly integrates with organizations’ EMar and EHR to streamline and simplify the process of managing medications for residents. Most importantly, nursing staff no longer spend countless hours punching out multiple medications from multiple blister cards into a cup for distribution during med pass. Marianne was intrigued by the prospect of a more simplified and patient-centric focused med pass. In fact, she was worried that CarePack might be too good to be true.

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**Since implementing CarePack at Newton Wellesley, Marianne says that**

“Med passes are now time efficient and easy. We’ve had no medication errors and no concerns with patient safety because each pouch describes exactly what medications are in them and what they look like. [CarePack] is truly a game-changer that has allowed nurses to be nurses again and provide a higher quality of care.”

While Newton Wellesley has only been using CarePack for a short time, the impact has been monumental. Nurses and staff are no longer staying late to compensate for long med passes. Marianne is already seeing an impact on overtime and PPD.

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**CarePack has elevated the care offered** to Newton Wellesley residents.

The facility is also seeing labor savings, increased staff satisfaction, and a reduction in medication errors and inventory.

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\*The Newton Wellesley Center has been recognized by the American College of Health Care Administrators (ACHCA) as a top-performing Skilled Nursing Facility through their Eli Pick Facility Leadership Award, has a 5-star rating from the Centers for Medicare and Medicaid (CMS), and are ranked in the top 5% of facilities in Massachusetts. The facility was also recognized as a 2020-21 Best Nursing Home by *U.S. News & World Report*.